

**FDA DOES NOT
RECOMMEND
COUGH & COLD
MEDICATIONS
FOR CHILDREN
UNDER 6 YEARS-OLD**

please visit www.fda.gov or
www.cedarparkdoctors.com

What to do for your child:

- Elevate the head of your child's bed
- Provide plenty of clear fluids
- Use saline nose spray or nasal saline drops & bulb suction
- Use a cool mist humidifier at night