ADHD Guidelines

The doctors and staff at Cedar Park Pediatric and Family Medicine strive to provide the best care for chronic conditions such as ADHD. We continually review the most recent research and literature regarding ADHD. Since the medicines we prescribe are considered controlled substances by the state of Texas, and could have potential side effects that need to be monitored closely, we would like to make you aware of some of our policies.

CPPFM follows all AAP guidelines stating anyone that is currently taking stimulant medications, and is stable, must have a follow up appointment at least every 4-6 months.

We follow many patients with ADD, so we book appointments at least 6 weeks in advance.

If your follow up appointment is due sooner, please stop by the appointments desk and schedule your appointment on the way out, otherwise we cannot guarantee you an appropriate follow up time and will have to schedule you in the next available appointment (usually 6 weeks).

- -If you are calling in to schedule a 4-6 month follow up, please keep this in mind and book at least two months in advance.
- Any changes that need to be made to your current Rx must be done in the office during an office visit. It cannot be done over the phone.
- Due to doctor availability, please allow up to 10 days for a Rx refill.
- -Due to controlled substance guidelines, if medication or a Rx is lost we cannot give a new Rx or refill until 30 days from the previously written prescription.