



## Cedar Park Pediatric & Family Medicine

### INITIAL NEWBORN VISIT

Cedar Park Pediatric & Family Medicine is committed to providing our patients and families with quality preventative care at all ages. We would like to offer new and expecting parents some information that may be helpful in navigating the complicated world of insurance as you begin planning health care needs for your new addition.

**IMPORTANT:** With so much going on when a new baby arrives, we like to remind parents to remember to **add your child to your insurance policy within the first 30 days after birth.** Insurance companies typically do not allow leniencies in adding new dependents outside of this window of time.

Our Pediatricians follow the **American Academy of Pediatrics Bright Futures** guidelines for Well Child visits:

- In the first year of life, the schedule includes 2 week, 2 month, 4 month, 6 month, 9 month and 12 month visits.

In addition to the developmental milestone check-ups, an **initial newborn visit within 1-2 days of being discharged from the hospital is recommended**, allowing our Pediatricians to provide support for your baby and family immediately.

We want to make you aware that we have found that **most insurance plans only cover six Well Child visits in the first year of life** therefore; while the first initial newborn visit is essential, it is not included in the six first year visits that most insurance plans will cover. This might cause your insurance company to apply a co-payment or deductible to this initial visit.

Unfortunately, if we bill the initial newborn visit as a Well Child Check, then the last visit at 12 months may not be covered by your insurance. The 12 month visit usually includes vaccines and may be more costly than the initial visit. Therefore, we ask that you pay your co-pay for the initial newborn visit to avoid a larger expense at the 12 month appointment.

Feel free to contact your insurance company to determine what your policy covers, and you may contact our billing office if you have any questions at 512-600-0125.